

Congenital/ Other skeletal Abnormalities				OSICS10
Region	Parent	Specific	Detail	Code
	Generalised Abnormality of the Musculoskeletal System			IMXX
	Leg length abnormality			IMLX
		Femoral leg length discrepancy		IMLT
		Tibial leg length discrepancy		IMLQ
		Apparent leg length discrepancy		IMLA
	Hypo or hyper - mobility of joints			IMHX
		Generalised hypomobility of joints		IMHO
		Generalised hypermobility of joints		IMHE
	Structural Abnormality Cervical Spine			INXX
	Thoracic Spine Structural Abnormality			IDXX
		Thoracic scoliosis		IDSX
		Thoracic kyphosis		IDKX
	Lumbosacral Spine Structural Abnormality			ILXX
		Lumbar Scoliosis		ILSX
		Congenital abnormality Lumbar Spine		ILCX
		Spina Bifida		ILCB
		Lumbarisation of S1		ILCL
		Sacralisation of L5		ILCS
	Chest Structural Abnormality			ICXX
		Cervical rib		ICRX
	Abdominopelvic Structural abnormality			IOXX
	Shoulder Structural Abnormality			ISXX
	Elbow Structural Abnormality			IEXX
	Wrist and Hand Structural Abnormality			IWXX
		Radioulnar variance		IWUX
		Positive ulnar variance		IWUP
		Negative ulnar variance		IWUN
		Carpal bone structural abnormality		IWCX
		Carpal boss		IWCB
	Structural Abnormality of Hip/ Groin			IGXX
		Congenital abnormality of hip joint		IGHX
		Congenital dislocation of hip		IGHD
	Structural Abnormality of knee			IKXX
		Bi or multipartite patella		IKPX
		Congenital cartilage abnormality of knee		IKCX
		Discoid lateral meniscus		IKCD
	Structural Abnormality of Lower leg			IQXX
		Muscle abnormality of lower leg		IQMX
		Accessory soleus muscle (excl inj to that muscle)		IQMS
	Structural Abnormality of Ankle			IAXX
		Tarsal Coalition of foot		IACX
		Talonavicular Coalition		IACT
		Calcaneocuboid coalition		IACC
		Calcaneonavicular coalition		IACN
	Structural Abnormality of Foot			IFXX
		Accessory bone foot		IFAX
Paediatric Diagnoses				JXXX
	Traction Apophysitis/ Avulsion Fracture Apophysitis			JTXX
		Traction injury to apophysis at shoulder		JTSX
		Traction injury to apophysis at elbow		JTEX
		Apophysitis/ avulsion fracture medial epicondyle elbow		JTEM
		Traction injury to apophysis at wrist/ hand		JTWX
		Traction injury to apophysis at buttock and pelvis		JTBX
		Apophysitis/ avulsion fracture iliac crest		JTBI
		Apophysitis/ avulsion fracture ilischial tuberosity		JTBH
		Traction injury to apophysis at groin/ hip joint		JTGX
		Apophysitis/ avulsion fracture ASIS		JTGS
		Apophysitis/ avulsion fracture AIIS		JTGR
		Other apophysitis/ avulsion fracture groin/ hip		JTGZ
		Traction injury to apophysis at knee		JTKX
		Apophysitis/ avulsion fracture distal pole patella (SLJ)		JTKP
		Apophysitis/ avulsion fracture tibial tubercle (OGS)		JTKT
		Traction injury to apophysis ankle		JTAX
		Apophysitis/ avulsion fracture to calcaneus (Severs Dx)		JTAC
		Traction injury to foot		JTFX
		Apophysitis/ avulsion fracture base 5th metatarsal		JTFM
		Other traction injury to apophysis not otherwise specified		JTZX
	Other Osteochondroses			JCXX
		Osteochondrosis Spine		JCLX
		Scheuermanns disease		JCLS
		Osteochondrosis shoulder		JCSX
		Osteochondrosis elbow		JCEX
		Capitellar osteochondrosis		JCEC
		Osteochondrosis of wrist and hand		JCWX
		Epiphysitis of distal radius		JCWR
		Osteochondroses of hip joint		JCGX
		Perthes disease		JCGP
		Slipped capital femoral epiphysis		JCGS
		Osteochondrosis of knee		JCKS
		OCD Medial or lateral femoral condyle		JCKF

OCD Patella	JCKP
Epiphysitis of medial tibial plateau (Blount's Disease)	JCKT
Osteochondrosis of ankle	JCAX
Osteochondrosis of foot	JCFX
Kholler's disease - navicular osteochondrosis	JCFK
Freiberg's disease - osteochondrosis of MT head	JCFF
Other Osteochondrosis not elsewhere specified.	JCZX
Disabled Athlete Injuries/ Illnesses (where specifically due to that disability	VXXX
Injury/ Illness in an amputee athete	VAXX
Stump Problem	VASX
Infection of stump	VASI
Stump skin pressure sores	VASS
Other stump injury	VASZ
Injury/ illness specific to a Spinal Cord Injured athlete	VWXX
Autonomic dysreflexia	VWAX
Skin pressure sores	VWSX
Urinary problem	VWUX
Urinary retention/ blocked catheter	VWUR
Urinary infection	VWUI
Injury/ Illness Specific to Disabled Athletes not elsewhere specified	VZXX
Post Surgical Patient	YXXX
Post Neck Surgery	YNXX
Post Shoulder Surgery	YSXX
Post shoulder stabilisation	YSSX
Post arthroscopic shoulder stabilisation	YSSA
Post open shoulder stabilisation	YSSO
Post AC joint surgery	YSAX
Post rotator cuff surgery	YSRX
Post Elbow Surgery	YEXX
Post Wrist/ Hand Surgery	YWXX
Post carpal tunnel release	YWCX
Post surgery on wrist joint	YWWX
Post scapholunate stabilisation	YWWS
Post Hand/ Finger/ thumb surgery	YWHX
Post Hip/ Groin Surgery	YGXX
Post surgery for overuse groin injury	YGGX
Post adductor tenotomy	YGGA
Post hernia repair	YGGH
Post mixed groin surgery	YGGM
Post hip arthroscopy	YGSX
Post hip arthroplasty	YGAX
Post knee Surgery	YKXX
Post knee reconstructive surgery	YK LX
Post ACL reconstruction	YKLA
Post PCL reconstruction	YKLC
Post cartilage surgery knee	YK CX
Post menisectomy	YKCM
Post meniscal repair	YKCR
Post chondral debridement	YKCC
Post cartilage transplant	YKCT
Post Surgery for patellofemoral pain (incl debridement/ lat release/ realignment surgery	YK PX
Post knee replacement surgery	YK AX
Post hemiarthroplasty knee	YKAH
Post total arthroplasty knee	YKAT
Post Other knee surgery	YK ZX
Complication post knee surgery - e.g. infection	YK QX
Post Lower leg surgery	YQXX
Post achilles tendon surgery	YQAX
Post compartment release surgery	YQFX
Post ankle surgery	YAXX
Post ankle reconstruction +/- other proceedure	YARX
Post ankle arthroscopy and debridement	YAAX
Post foot surgery	YFXX
Post great toe surgery	YFHX
Post surgery on other site not specifically mentioned	YZXX
Medical Illness	MXXX
Infection	MIXX
Skin Infection/ Cellulitis/ Abscess/ Infected Bursa - bacterial (excl infection complicating	MISX
Skin infection head/face/neck	MISH
Skin infection elbow	MISE
Skin infection wrist/hand	MISW
Skin infection pelvis/ buttock - incl ischial abscess	MISB
Skin infection lower leg	MISQ
Skin infection foot	MISF
Skin infection toenail - incl infected ingrown toenail	MISN
Lymphadenopathy secondary to skin infection	MISL
Other skin infection not specifically mentioned	MISZ
Skin infection - viral (incl warts)	MIWX
Herpes simplex (incl scrum pox)	MIWH
Wrist and hand warts	MIWW
Feet warts - incl plantar warts	MIWF

Other warts	MIWZ
Skin Infection - fungal	MIFX
Fungal infection groin	MIFG
Tinea pedis/ athlete's foot	MIFF
Other fungal infection	MIFZ
Respiratory tract infection (bacterial or viral)	MIRX
Sinusitis	MIRS
Pharyngitis	MIRP
Tonsillitis	MIRT
Other upper resp tract infection	MIRU
Bronchitis	MIRB
Pneumonia	MIRN
Other lower respiratory tract infection	MIRL
Ear infection	MIEX
Otitis externa	MIEE
Middle ear infection	MIEM
Gastrointestinal infection	MIGX
Bacterial gastroenteritis (incl food poisoning)	MIGB
Viral gastroenteritis	MIGV
Amoebic dysentery	MIGG
Viral hepatitis (A, B, or C)	MIGH
Other gastrointestinal infection	MIGZ
Genitourinary infection	MIUX
Sexually transmitted disease	MIUS
Pyelonephritis	MIUP
Cystitis	MIUC
Other genitourinary infection	MIUZ
Joint infection - septic arthritis (excl. complications of surgery or perforating lacerations)	MIAX
Infected shoulder joint	MIAS
Infected elbow joint	MIAE
Infected wrist, hand, finger, thumb joint	MIAW
Infected hip joint	MIAG
Infected pubic symphysis	MIAO
Infected knee joint	MIAK
Infected ankle joint	MIAA
Infected foot joint	MIAF
Infection of bone - osteomyelitis	MIBX
Septic discitis - osteomyelitis of the spine	MIBD
Systemic Viral Infection (excl viruses localised to one area)	MIVX
Glandular Fever	MIVG
Chicken Pox	MIVC
Other infection not otherwise specified	MIZX
Environmental Illness	MVXX
Barotrauma	MVBX
Decompression sickness	MVBD
Heat Illness	MVHX
Hypothermia	MVHO
Sunburn	MVHS
Hyperthermia/ heat stroke	MVHE
Rhabdomyolysis	MVHR
Cardiovascular Illness	MCXX
Athletes heart	MCAX
Ischaemic heart disease	MCIX
Conduction abnormality incl arrhythmias	MCCX
HOCM	MCHX
Murmours/ Valvular disease	MCMX
Venous disease	MCVX
Varicose veins	MCVV
DVT calf	MCVQ
Subclavian vein/ axillary vein thrombosis	MCVS
Other venous disease incl calf/ ankle oedema, cause unknown	MCVZ
Peripheral vascular disease	MCPX
Other cardiovascular disease	MCZX
Respiratory Disease	MPXX
Asthma and/or allergy	MPAX
Allergy - rhinitis/ sinusitis/ hayfever (for urticaria see MDUX)	MPAL
Asthma - allergic	MPAA
Asthma - exercise induced only	MPAE
Chronic airflow limitation	MPCX
Cystic Fibrosis	MPFX
Other respiratory illness not otherwise specified	MPZX
Neurological Illness	MNXX
Brachial neuritis	MNBX
Epilepsy	MNEX
Headaches (excl. those exercise related or Msk in origin - see HZXX)	MNHX
Migraine	MNHM
Cluster headaches	MNHC
Sinus headache	MNHS
Headache not otherwise specified	MNHZ
Cerebral palsy	MNCX
Other neurological problem	MNZX
Generalised tight muscles/ spasticity	MNZM
Rheumatological Illness	MRXX
Osteoarthritis - generalised (for OA isolated to one jt see ?AXX)	MROX
Gout	MRGX
Gout in elbow	MRGE
Gout in hands/ fingers	MRGP
Gout in knee	MRGK
Gout in ankle/ foot (incl big toe)	MRGA
Gout in other location not otherwise specified	MRGZ
Pseudogout	MRPX
Pseudogout in knee	MRPK
Pseudogout in other joint/ location	MRPZ

Seronegative arthritis	MRSX
Ankylosing spondylitis	MRSA
Psoriatic arthritis	MRSP
Reiter's syndrome	MRSR
Non specific seronegative arthritis affecting SIJ	MRSS
Non specific seronegative arthritis affecting <4 joints	MRSO
Non specific seronegative arthritis affecting many joints	MRSM
Rheumatoid arthritis	MRRX
Rheumatoid arthritis affecting <4 joints	MRRO
Rheumatoid arthritis affecting many joints	MRRM
Fibromyalgia/ multiple sore muscle areas	MRFX
Rheumatological disease other/ undiagnosed	MRZX
Inflammatory arthritis of knee	MRZK
Gastrointestinal Illness	MGXX
Gastritis	MGPX
Exercise associated gastritis/ reflux	MGPE
NSAID associated gastritis/ peptic ulceration	MGPN
Gastritis/ peptic ulceration - non exercise/ NSAID related	MGPU
Diarrhoea	MGDX
Runner's diarrhoea	MGDR
Haematemesis/ malaena/ GI bleeding	MGMX
Surgical bowel problem	MG SX
Appendicitis	MGSA
Cholecystitis	MGSC
Genitourinary Illness (excl infection see MIGX)	MUXX
Urinary Illness	MUUX
Haematuria	MUUH
Varicocele	MUVX
Gynaecological Illness	MUGX
Diet and Exercise associated amenorrhoea	MUGE
Other amenorrhoea	MUGA
Dysmenorrhoea	MUGD
OCP Advice	MUGO
Other gynaecological illness	MUGZ
Pregnancy	MUPX
Exercise advice	MUPE
Pregnancy associated musculoskeletal injury	MUPS
Request for pregnancy test	MUPT
Haematological Illness and Nutritional Deficiencies	MHXX
Anaemia	MHAX
Iron deficiency	MHAI
Endocrine Illness	MYXX
Thyroid disorder	MYTX
Other endocrine disorder	MYZX
Dermatological Illness (excl infections MIXX, skin lesions/ tumours MECX and sunburn MVHX)	MDXX
Urticaria	MDUX
Psoriasis	MDPX
Dermatitis	MDDX
Other rash not otherwise mentioned or undiagnosed	MDZX
	MDZW
	MDZG
Ophthalmological Illness (excl trauma)	MOXX
ENT Illness including dental (excl sinusitis - see MPAL)	MTXX
Psychological/ psychiatric Illness	MSXX
Eating/ overexercising disorder in females	MSFX
Anorexia nervosa	MSFA
Bulimia nervosa	MSFB
Exercise addiction	MSFE
Female athlete triad	MSFF
Eating/ overexercising disorder in males	MSMX
Depression	MSDX
Anxiety/ panic disorder	MSAX
Other psychological/ psychiatric disorder not otherwise specified	MSZX
Tumours/ Malignancies	MEXX
For Musculoskeletal tumours - for Osteoid osteoma - X = O, for other benign tumour X = B, for osteosarcoma X = S, for other malignant tumour X = M)	
Tumour shoulder	MESX
Tumour upper arm	MEUX
Tumour elbow	MEEX
tumour forearm	MERX
Tumour wrist/ hand	MEWX
Tumour head	MEHX
Tumour neck	MENX
Tumour thoracic spine/ chest wall	MEDX
Tumour lumbar spine	MELX
Tumour pelvis and buttock	MEBX
Tumour groin and Hip	MEGX
Tumour thigh	METX
Tumour knee	MEKX
Tumour lower leg	MEQX
Tumour ankle	MEAX
Tumour foot	MEFX
Haematological Malignancy	MEMX
Skin Lesion/ Tumour	MECX
Benign Skin lesion	MECA
BCC	MECB
SCC	MECS
Melanoma	MECM
Multiple skin cancers	MECP

Other skin tumour	MECZ
Other tumour not otherwise mentioned	MEZX
Drug Use/ Overdose/ Poisoning	MBXX
Medical Illness Undiagnosed/ Other	MZXX
Tired athlete undiagnosed	MZFX
Other medical illness	MZZX
Chronic Fatigue Syndrome	MZZF
Obesity	MZZO
Consultations Where There is No Presenting Illness Needing Treatment	ZXXX
Exercise prescription	ZEXX
Exercise prescription for patient with arthritis	ZEAX
Exercise prescription for patient with obesity	ZEOX
Exercise prescription for patient with juvenile obesity	ZEOJ
Exercise prescription for patient with cardiac disease	ZECX
Exercise prescription for patient with respiratory disease	ZERX
Exercise prescription for patient with overtraining/ chronic fatigue	ZEVX
Exercise prescription for patient with other medical disease	ZEMX
Paperwork	ZPXX
Medical certificate	ZPMX
Referral	ZPRX
Prescription repeat	ZPPX
Screening examination	ZSXX
Preparticipation screen	ZSPX
General medical screen	ZSMX
Dive medical	ZSDX
Preparation for overseas travel - advice immunisations	ZOXX
Advice on equipment/ other aids e.g. appropriate footwear.	ZTXX